

Grilled Chicken Sausage Kabobs

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Makes 4 Servings. (1 skewer per serving)

Prep time: 1 hour and 15 minutes. Cook time: 10 minutes

Ingredients

2 teaspoons olive oil

3 tablespoons fresh lemon juice ground black pepper to taste

1 1/2 pounds of Ma' Cluckers Chicken Sausage (links), sliced

4 wooden skewers

8 cherry tomatoes

12 bay leaves

1 medium onion, cut into 1-inch cubes

1 medium green bell pepper, cut into 1-inch cubes

2 cups cooked brown rice

Preparation

- 1. In a small bowl, mix olive oil, lemon juice, and ground black pepper; pour over chicken links and marinate one hour in the refrigerator.
- 2. To make skewers, thread tomato, links, bay leaf, onion, and bell pepper; repeat.
- 3. Grill over medium heat for 5 minutes on each side or until cooked through. Discard bay leaves before serving.
- 4. Serve each kabob over 1/2 cup of brown rice.